## THURSDAY, June 9th

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| **TRACK EVENTS** |  |
| 3:00 | ***Welcome Address*** | - National Anthem - |  |
| 3:05 | **Steeplechase**  | **~~JG~~, JB Final** | Joe L. |
| 3:50 | **400m Heats** | 8G, 8B, ~~JG, JB, SG, SB~~ | Haley / Manjot |
| 5:30 | **1500m Heats** | ~~JG~~, JB, SG, ~~SB~~ **8G, 8B Timed Final** | Joe / Viviana / Tyler / Abhi |
| 7:10 | **4x100m Finals** | **8G, 8B Timed Finals** |  |
| 7:35 | **4x100m Heats** | ~~JG, JB, SG, SB~~ |  |

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| **3:05 FIELD**  |  | **5:15 FIELD** |  |
|  |  |  | ~~8G~~ | ~~High Jump~~ |  |
| ~~8B~~ | ~~High Jump~~ |  | ~~8B~~ | ~~Triple Jump~~ |  |
| JG | Triple Jump  | Jasleen | JG | Shot Put | Jayda? |
| ~~JB~~ | ~~Long Jump~~ |  | ~~JB~~ | ~~Discus~~ |  |
| ~~SG~~ | ~~Discus~~ |  | ~~SG~~ | ~~Long Jump~~ |  |
| SB | Javelin | Nate | SB |  |  |
| ~~SO~~ | ~~Shot Put~~  |  |  |  |  |

## FRIDAY, June 10th

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| **TRACK EVENTS** |  |
| 8:35 | **~~Sprint Hurdles Heats~~** | ~~SB, JB, SG, 8B, JG, 8G~~ |  |
| 10:20 | **100m Heats** | ~~8G, 8B~~, JG, ~~JB, SG, SB~~ | Joy |
| 11:30 | **Steeplechase** | **SG, ~~SB Final~~** | Viviana |
| 12:15 | BREAK - BC T&F AGM - |  |
| 1:55 | **Opening Ceremony** | *National Anthem* |  |
| 2:05 | **~~Sprint Hurdles Finals~~** | **~~SB, JB, SG, 8B, JG, 8G~~** |  |
| 2:35 | **~~100m Para / SO Events~~** | **Wheelchair, Ambulatory, SO** |  |
| 2:55 | **100m Finals** | **8G, 8B, JG, JB, SG, SB** |  |
| 3:30 | **400m Finals** | **Para, 8G, 8B, JG, JB, SG, SB,** |  |
| 4:15 | **1500m Finals** | **JG, JB, SG, SB** |  |
| 4:55 | **~~4 X 100m Relay Finals~~** | **~~JG, JB, SG, SB~~** |  |
| 5:20 | **4 X 400m Relay Finals** | **8G, 8B Timed Finals**  |  |
| 6:15 | **4 x 400m Relay Heats** | JG, JB, SG, SB |  |

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| **8:30 FIELD EVENTS** | **11:00 FIELD EVENTS** |
| SB | Discus: Nate | ~~SG~~ | ~~Hammer~~ |

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| **9:00 FIELD**  |  | **2:00 FIELD**  |  | **4:30 FIELD** |  |
| ~~8G~~ | ~~Long Jump~~ |  |  |  |  | ~~8G~~ | ~~Javelin~~ |  |
| 8B | Javelin | Ruben | JB | Triple Jump | Tyler N | 8B | Shot Put | Ruben |
| ~~Para~~ | ~~Shot Put~~  |  | ~~JG~~ | ~~Javelin~~ |  | JG | Long Jump | Jasleen |
| ~~JB~~ | ~~Pole Vault~~ |  | ~~JB~~ | ~~Shot Put~~ |  |  |  |  |
| ~~SG~~ | ~~High Jump~~ |  | ~~SG~~ | ~~Pole Vault~~ |  | ~~JB~~ | ~~Hammer~~ |  |
| SB | Triple Jump | Kyla | ~~SB~~ | ~~High Jump~~ |  |  |  |  |
| Para | ~~Shot Put~~  |  | ~~SB~~ | ~~Hammer~~ |  |  |  |  |

## SATURDAY, June 11th

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| **TRACK EVENTS** |  |
| 8:30 | **800m Heats** | 8G, 8B, ~~JG, JB, SG, SB~~ | Haley / Manjot |
| 10:20 | **400/300 m Hurdles Heats** | ~~SB, SG~~, JB, ~~JG~~ | Bashir |
| 11:30 | **200m Hurdles Timed Finals** | **~~8B~~, 8G** | Regan |
| 11:55 | **1500 m Racewalk**  | **~~JG, JB, SG, SB~~** |  |
| 12:35 | **200m Heats** | 8G, ~~8B, JG~~, JB~~, SG, SB~~ | Hadley / Bashir |
| 2:05 | ***- Welcome Address -***  | - National Anthem - |  |
| 2:10 | **400/300 Hurdle Finals** | **~~SB, SG~~, JB, ~~JG~~** |  |
| 2:30 | **3000 m Finals** | **~~JG~~, JB, SG, ~~SB~~** | Joe / Viviana |
| 3:30 | **800 m Finals** | **8G, 8B, ~~JG, JB, SG, SB~~** |  |
| 4:00 | **200 m Finals** | **8G, ~~8B, JG, JB, SG, SB~~** |  |
| 4:25 | **3000 m Finals** | **~~8G, 8B~~** | Tyler / Abhi |
| 4:55 | **4X400 m Relay Finals** | **JG, JB, SG, SB** |  |
| 5:25 | **Awards & Presentations** |  |  |

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| **9:00 FIELD**  |  | **12:00 FIELD**  |  | **2:30 FIELD**  |  |
| 8G | Shot Put | Dayja |  |  |  | 8G | Triple Jump | Taylor / Shehneet |
| ~~8B~~ | ~~-~~ |  |  |  |  | 8B | ~~Long Jump~~ |  |
| ~~JG~~ | ~~Pole Vault~~ |  | ~~JG~~ | ~~Hammer~~ |  | JG | ~~High Jump~~ |  |
| ~~JG~~ | ~~Discus~~ |  | ~~JB~~ | ~~High Jump~~ |  | JB | ~~-~~ |  |
| ~~JB~~ | ~~Javelin~~ |  | SG | Shot Put | Kulnoor | SG | ~~Javelin~~ |  |
| SG | Triple Jump | Kyla |  |  |  | SB | Shot Put | Nate |
| ~~SB~~ | ~~Long Jump~~ |  |  |  |  |  |  |  |